

Curtin University





RRR NETWORK

Vision and Purpose

Curtin University and the RRR Network of WA are investing in rural, regional and remote (RRR) women to strengthen career pathways.

This short course 'Designing Your Life' will equip RRR women with the required capabilities and knowledge to take ownership of their careers as a pathway to long and short term career sustainability and economic independence.

Two experts from Curtin University will facilitate a series of targeted workshops to maximise participant learning outcomes, career and life management skills.

Design thinking is a creative problemsolving approach which can be used in realworld situations. The program will give you insights into the future of work and help you identify new career pathways and opportunities to improve your skills. This program specifically takes into consideration the RRR context of work and for women.

Its intention is to support women's career journey's whilst living regionally. By completing the course, participants will:

- acquire the skills and knowledge to take control of your own career path.
- apply the design thinking process and mindsets as a framework for problemsolving in future life and career contexts.
- engage in critical reflection as a tool for building and evaluating self-awareness.
- recognise and identify constraints and insights that can influence meaningful change in life and career.
- build a personalised and adaptable career strategy that enables you to develop and utilise your networks.



This program has been delivered to more than 140 women from Broome, Karratha, Carnarvon, Geraldton, Narrogin, Kalgoorlie, Bunbury and Albany, and we're very excited to bring this back to Geraldton on the 28th and 29th October 2025.

This world-leading program is fully-funded for RRR participants via Curtin University, the RRR Network and industry partners.

The program is available to ALL women regardless of age, background, education level, employment status or desired career path.

Register for the Geraldton workshop at www.rrrnetwork.com.au/events



Testimonials

Sally Pullin - Albany

Thank you to RRR for supporting such an amazing opportunity.

I got so much out of the programme and its given me an amazing opportunity to start looking at my life and future career in a more strategic way.



I saw the Career Ready in the Regions course advertised and it was exactly what I needed. I was at a crossroads in my professional career and also going through a transition in my personal life. The course provided me with the tools and techniques to outline my personal and career goals and structure a path towards a career that aligned with my ethics and values. Another benefit of the course was the relationships and connections I formed with the other women. We were able to encourage each other on our journey's and have continued our relationships after the course to help each other reach our personal and career goals and aspirations.

Bianca Corciulo - Kalgoorlie

An incredible and uplifting journey with Curtin University - Career Ready in the Region this week in Kalgoorlie! Thank you to our three amazing facilitators, mentors and student compadres! Looking forward to sharing next steps in our pathways.



Gabi - Albany

Out of all the courses I have attended over 2 decades in professional employment, this was my favorite and most memorable. The workshop provided guidance and space to reflect on career choices and pathways in a really supportive environment. It reignited my passion for something I've always wanted to do that was never a 'practical option'. I was able to explore how my values, skillset and interests aligned with my career choices and how to narrow the gap to my dream career/job. The presenters were amazing, knowledgeable, approachable, passionate and encouraging. I was completely engaged and invested. I built a friendship with another attendee and a few weeks on from the course we check in on each other weekly, as we work towards our goals. Dreams and career changes don't happen overnight, so we encourage each other on. I am immensely grateful for the experience.

Charmaine Twine - Kalgoorlie

I would like to express my gratitude to Julia, Jane and Hannah for leaving their furbabies and family to deliver a life changing course to the region. For the non-attendees, wow, what a missed opportunity to gain valuable insights from remarkable women.

Curtin Uni Team



Professor Julia Richardson School of Management & Marketing

Internationally experienced Head Of School with a track record of sustainable leadership in the higher education industry. Expert in People Management, including 'new' ways of working, flexible work practices, international mobility, worklife balance and career management. Author of several books including An Intelligent Career: Taking Ownership of Your Work and Your Life (Oxford University Press), experienced keynote speaker and media commentator.



Professor Jane Coffey School of Management & Marketing

Jane specialises in research in the areas of the intersection of careers, graduate employability and the future of work. She also develops and delivers innovative and leading curriculum in the areas of career design, career sustainability, future of work, employability, human resource management and employee relations. Jane is the Chief Investigator for major, national grants investigating career support and pathways for marginalised members of society and is the author of a best-selling university text on strategic human resources, which is currently in its 11th edition. Dedicated to her profession, Jane is also a State Councillor and State Secretary for the AHRI WA State Council and sits on the Boards of Corporate and NFP organisations.



A qualified teacher in the Post-Compulsory Further and Higher Education sector in the UK, specialising in the development of teaching & learning within: Inclusive Education, Adult Literacy, English as a Second Language. Hannah is the relationship lead on a number of student-centric initiatives; including, leading the first Australian university team to be trained in Stanford University's Life Design Curriculum.

Course Schedule



Day 1: Self Awareness and Development

8:30am: Participants arrive - Name tags and tea/coffee

10:30am: Morning Tea

1pm: Lunch

3pm: Afternoon Tea

5pm: Day 1 concludes

5:30pm - 7:30pm: Mentoring and Networking Session (Invite only)

Day 2: Action Orientated, Career and Future

8:30am: Participants arrive - tea/coffee

10:30am: Morning Tea

12pm: Working Lunch

2:30pm: Day 2 concludes



Preparation & what to expect

1. Complete Module #1 online

Aim to complete this prior to the face to face workshop. Don't stress if you cannot finish in time – you have 6 months to complete it. Click **here** to start Module #1.

2. Pre work sheet

This is an opportunity to introduce yourselves to the Curtin University Team and to become familiar with the workshop purpose. You will be sent a copy with instructions once registered.

3. Submit any dietary requirements or questions

Please ensure you notify us of any dietary requirements at least one week before the course commencement date. Every effort is made to ensure you are catered for.

4. Commitment:

This is a fully subsidised course made possible by Curtin University, the RRR Network and industry partners. Each RRR woman placement is to the value of \$1,500.

We ask for a one-off fee of \$55 at time of registration which will also provide you with a RRR Network membership valid for 12 months.

By registering you're committing to attending the face to face workshop and completing the additional coursework. If you're unable to attend, you will need to advise us at your earliest convenience so we may offer this opportunity to another willing and able RRR woman.

Your Workshop Contact:

Danielle Hipwell Network Coordinator – RRR Network ncerrrnetwork.com.au